

## *NEW START® CAREER ENGINEERING*

Excerpts from Evaluation sheets completed by New Start Participants

### **What did you most enjoy in the New Start training ?**

- the total immersion in English, the technical and professional English
  - the down-to-earth approach based on concrete facts
- the dynamic rhythm of the sessions and their relevancy to participants' needs
- the psycho-sociological aspects, the focus on efficiency and client satisfaction
- the methodology (exercises and role playing, practice through interview simulations)
  - appropriate advice and tools given, the results obtained

### **What did the training bring you?**

- more self-confidence with better awareness of capabilities, successes and qualities
  - motivation, stimulation and an important rebuilding of energies
  - a good view of recruiting in English (US and international versions)
    - meeting people from different work cultures, networking
      - a chance to practice the English language
    - updated terminology, adapted to international work contexts
- useful practical advice, especially concerning career resumes, motivation letters and interviews

### **What appropriate tools did the training with workshops give you ?**

- a structured and authentic CV without omissions with which one feels comfortable and sincere
  - advice for English-language motivation letters
  - clues for deciphering and answering work ads with precision
- ease in speaking of qualities, weaknesses and projects to recruiters and potential clients
- success in passing interviews and giving explanations, the right terms to use in English

### **What did the training enable you to learn ?**

- correct and acceptable behaviour during interviews, the Anglo-Saxon point of view
- body language, the hidden sense of trick questions, staying focused on one's results
- how to actively target companies to find the right job, how to use one's potential
  - the usefulness of sending a thank you note after an interview

### **In what aspects did New Start enable you to advance with sufficient confidence ?**

- the psychological side, speaking of qualities and competencies without complexes
- specifying projects and confronting wishes and needs with the reality of the work market
  - self expression and practice in English within the group